

Prof.dr. Jean Muris

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Dr Jean W.M. Muris (1959) is a Full Professor at Maastricht University, a leading Dutch university known for its innovation.

He was the Strategic Chair in Asthma and COPD in Primary Care at the research school CAPHRI (www.caprhi.nl), and since 2017 has been the Chair of the Department of Family Medicine/General Practice at Maastricht University.

After completing his studies in medicine at the University of Maastricht in 1983, Jean immediately continued his education in General Practice Training and primary care research. In 1985, he participated in an experimental research doctoral programme that was recognized by the Dutch College of General Practitioners <http://nhg.org>, which formed his strong foundation in research. During this time and extending to 1993, he also worked as a General Practitioner, serving health care center Withuis in Venlo and from 1993 until now as an Academic GP for Health Care Centre Geulle.

His PhD, completed in 1993, was on the topic '*Non acute abdominal complaints in primary and secondary care*'.

In addition to his post-graduate research and teaching position at the University, Jean runs a primary care practice. He finds that maintaining an academic/research footing as well as a practical footing in medicine have been the key to his success; one practice informing and benefiting the other.

Prolific in his research, he has published over 200 works, a list of which can be viewed at [Orcid](#) and at [Google Scholar](#). He is the secretary-general of the European Society of Primary Care Gastroenterology (www.espcg.eu).

Currently, his research focuses on educational research in primary care specialist training and methods to help stop smoking and manage respiratory diseases, with a particular emphasis on asthma and COPD. His gastro expertise is on irritable bowel syndrome, non-alcoholic fatty liver disease, reflux complaints, functional dyspepsia and celiac disease. He is a member of several multidisciplinary guideline committees on gastro and respiratory diseases in and outside the Netherlands.

Why and how to identify NAFLD in primary care: opportunities and challenges