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I am a Patient Advocate, Public Speaker, Media Personality & the Executive Director of the ECPO. I am a founding member of the EASO Patient Council, a Disease Experience Expert Panel (DEEP) representative and I sit on the Global Obesity Patient Alliance (GOPA) team, I also chair the board of directors for the ICPO (Irish Coalition for People living with Obesity).

Originally from Ireland, I now live in Lanzarote with my fiancé & 3 children. I use my voice to help address the stigma, bias and discrimination perpetrated against people living with Obesity and other chronic NCDs which obesity is a gateway to. Whilst not only working on various projects across Europe, and now globally, to ensure we not only see better access to quality treatment, management and education, but also to help drive forward prevention of Obesity across Europe'

Lessons learned from another field: the experience of the European Coalition of People living with Obesity

This presentation will open up the conversation on the link between obesity and NAFLD from the lived experience of a person living with Obesity.